

21st February 2022

ISSUE NO. 1



# Berendale School *Bulletin*

## Excellence in Inclusive Education



*Students participating in Horticulture Elective*



Address:

2 Berend St, Hampton East VIC 3188

Phone: 9555 6141

Website: [www.berendale.vic.edu.au](http://www.berendale.vic.edu.au)

We acknowledge the Traditional Custodians of the land on which we gather today, the Boonwurrung/Bunurong People, and we pay our respects to their Elders past and present. We extend that respect to Aboriginal and Torres Strait Islander peoples here today.



# BERENDALE SCHOOL BULLETIN

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## Principal's Report

### Paul Newson, Principal and Athina Caravatas, Assistant Principal

Although it was another complex few weeks with COVID-19 I hope that everyone was able to take some time to relax over the school break.

This year Berendale School along with the Department of Education will focus on the Wellbeing of students and staff. As you are aware we have employed a full time Mental Health Practitioner who along with Assistant Principals Athina Caravatas and Christopher Goaley will be developing various wellbeing programs and opportunities for both students and staff to ensure we have a whole school approach to Wellbeing. The first of these events took place on the evening of 14/02/2022. Christopher Goaley organised a Cyber Safety parent evening via ZOOM.

Other Wellbeing items include a Year 7 Social/Emotional group to ensure the successful transition of our new students, a focus on Emotional Literacy including the Zones of Regulation in our Respectful Relationships Program, targeted classroom programs based on student wellbeing needs and one to one interventions with our Mental Health Practitioner. Please keep an eye on Compass for opportunities to partake in online programs, workshops and seminars in the area of wellbeing.

Last week we had our first Student Support Group Meeting's (SSGs) via ZOOM for the year. It was great once again to have so many families attend via ZOOM. SSG's gives you the opportunity to meet with your child's classroom teacher and to discuss the various goals for the term. It also helps you connect with your child's education and help shape the curriculum.

For the third year in a row our student enrolment has increased and with recent staff changes and the increase in student numbers we have been able to employ new and additional teachers. I would like to welcome Ann- Maree McCann (Art and Technology), Helene Papoutsis (Year 9 Classroom), Dean Langdon (Year 10 Classroom) Colette Hunt (Year 12 Classroom).

In the next few weeks the outer perimeter school fence will be replaced. A temporary fence will be erected to ensure the safety of staff and students during construction of the new fence. If you have any concerns please contact the office during school hours.

We have installed a refrigerated filtered water fountain on the external wall of the canteen. Students can fill a bottle or drink directly from the fountain. This will reduce the need for the single use plastic drink bottles.

Although school excursions have been reduced this term due to COVID, we have been able to continue with our on-site School Based Apprenticeship programs. Our SBAT students have started their Horticulture and Food Handling Certificate 2 courses.

In the last edition of our 2021 newsletter we included information about the Katandra and Berendale School possible merger. At this stage we do not have any confirmed government funding, but we are in the process of completing a feasibility study and the associated schematic designs. If you would like further information you are welcome to contact me on 03 9555 6141.

I wish everyone a healthy and happy year ahead.

# BERENDALE SCHOOL BULLETIN

## SPORTS DAY—17th December 2021



## Key Dates in Term 1 2022

***Labour Day Holiday***

Monday 14th March

***Curriculum Day***

Friday 25th March

***Whole School  
Assembly***

Thursday 7th April

***End of Term 1***

Friday 8th April

Integrity

Respect

Resilience

Independence



# BERENDALE SCHOOL BULLETIN

## Cyber Safety

**By Chris Goaley Assistant Principal**

Thank you to Family Planning Victoria for delivering the Cyber Safety parent information session on Monday 14<sup>th</sup> February via Zoom. The session was very informative and covered a number of really important topics. We will be organising more sessions for students as part of our Respectful Relationship curriculum.

Please see attached some of the key messages and resources from the presentation.

## Tips for young people to search safely

- **Identify risk.**
- **(not everything has classification)**
- **Be careful about search terms.**
- **Use classification for games/ movies/ TV.**
- **Tell a teacher if sexual pictures come up by accident at school**
- **Talk to a trusted adult if you see something confusing or scary.**



## Reporting



**What would prevent a young person from reporting bullying or pornography?**



## Key messages to tell young people:

- They are **not in trouble** for being curious
- They have **responsibility** to behave **ethically** when taking and sharing pictures
- **Delete** any sexual content from phone
- If harassed, **report** in app and **keep records**.
- Image Based Abuse is **illegal at any age**.



## Office of the eSafety Commissioner



 eSafety Commissioner



### Resources for:

- Parents
- Teachers
- Young people

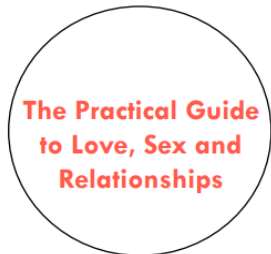
### Reporting of:

- Cyber bullying,
- Image Based Abuse
- Illegal & harmful content

<https://www.esafety.gov.au/>



## Other resources:



Podcast available at  
Sexual Health Victoria





**YEAR 7 PARENT  
MEET AND GREET**

**TUESDAY 8TH MARCH 2022**

**8.30 – 10.00AM**

**@ BERENDALE SCHOOL  
IN THE VCAL GARDEN**

**RSVP – 4TH MARCH  
BERENDALE OFFICE  
03 9555 6141**

**[BERENDALE.SCH@EDUCATION.VIC.GOV.AU](mailto:BERENDALE.SCH@EDUCATION.VIC.GOV.AU)**

# ARTZ BLITZ 2022

24-HOUR VISUAL ART AND  
CREATIVE WRITING COMPETITION

**REGISTER NOW**  
KINGSTONARTS.COM.AU

**DEADLINE TO REGISTER**  
TUESDAY 1 MARCH, 5PM

**SECRET THEME REVEALED**  
FRIDAY 4 MARCH, 5PM

**ARTWORKS AND CREATIVE  
WRITING SUBMITTED**  
SATURDAY 5 MARCH, 2-5PM

**AWARD CEREMONY  
AND OPENING**  
SATURDAY 12 MARCH, 3-5PM

**EXHIBITION**  
MONDAY 14 MARCH -  
FRIDAY 1 APRIL

KINGSTON ARTS CENTRE,  
979 NEPEAN HIGHWAY,  
MOORABBIN

**KINGSTON'S  
FAVOURITE  
COMMUNITY ART  
COMPETITION  
RETURNS, AND  
IT'S BIGGER  
THAN EVER!**



kingstonarts

Melbourne  
Artists'  
Supplies





# BERENDALE SCHOOL BULLETIN

## WELLBEING AT BERENDALE SCHOOL

### Individual

- Counselling (6-8 sessions)
- Care coordination with external services and families
- Behaviour Support Plans
- Classroom observations

### Groupwork

- Wellbeing groups (selected students)
- Classroom sessions
- Collaboration with Student Representative Council

### Whole School

- Celebration Days
- Be You (Headspace)
- Safe Schools
- SWPBS
- RRRR
- Zones of Regulation
- School-wide activities (external providers)

### Staff

- Snack & Learn
- Secondary consults with Alexis
- Wellbeing resource folder (Google Drive)
- Meditation sessions
- Professional Development sessions (external providers)

### Families

- Parent resource folder (Google Drive)
- Info sent via Compass
- Family meetings re: individual students
- Info sessions (external providers)

A great start to 2022 for 8B!

### By Manoli Lamnatos

The year has certainly started and we are all enjoying the fun and games as the students settled down, working together and participating in combined classes for Science, Inquiry and P.E. with our other year 8 class.

We sadly said farewell to Ben who has moved on from Berendale School to pursue an opportunity elsewhere, however our excitement of a new year has kept the students enthused and motivated to continue with their learning.

This term has been busy with planting seeds and watching them grow. The students have shared pictures of themselves as young babies, toddlers and teenagers. We discussed how we grow older and wiser and the changes that occur to our bodies. As with any school year, we have had our challenges and our resilience has been tested as everyone settles into the school year, meeting the new year 7s and welcoming our new neighbours, the year 10s into the Hospitality building.

I am sure, with further patience, cooperation, resilience and respect, we will have an amazing first term.



Integrity

Respect

Resilience

Independence

# BERENDALE SCHOOL BULLETIN

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Students doing newsletter for 2022!

**By Julie Wray-McCann and Gail Yates**

This year students in Year 11A will be writing articles for the School Newsletter. This activity is a major VCAL Literacy Project for Year 11A.

Students will be writing about SBAT (Catering and Horticulture), Interschool Sport, Camps, Excursions, Industry electives, cooking, well being and events across the school.

We hope you enjoy reading our newsletter articles.

Year 11A Student Editors

Mikky, Saba, Luka, Noam, Stella, David, Michael, Chan, James, Aleshia, Jennifer and Anderas.



# BERENDALE SCHOOL BULLETIN

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## New Trikes Project

**By Nicole Blain and Sam Formica**

Students from 11B Assembled 2 small trikes and to large trikes to be used in a school program called Bike Ed. This was in conjunction with their VCAL Personal Development Bike Shed Project.



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# BERENDALE SCHOOL BULLETIN



TERM 1 2022

<b>PASTA</b>		<b>SALADS</b>	
Pasta Bolognaise #	4.00	Pasta Salad	4.00
Pasta Napoli Tomato #V	3.00	<b>SANDWICHES</b>	
<b>PIZZA</b>		Sandwich Bread/Rolls/Wraps #	
Hawaiian #	3.50	Basic Salad	4.00
Vegetarian #	3.50	Add Ham or Cheese	1.00
<b>TOASTIES #</b>		<b>DRINKS</b>	
Toasted Cheese	3.50	Milkshakes **	3.00
Toasted Ham & Cheese	4.00	(Recess Only)	
Toasted Tomato & Cheese	4.00	Choc, Vanilla, Caramel,	
Toasted Ham/Cheese/Tomato	4.50	Strawberry	
<b>SNACKS</b>		Oak Flavoured Milk—250ml	1.50
Homemade Muffins / Slice	2.00	Poptop	1.00
Fruit or Savoury **		Water Bottle 600ml	1.00
Fresh Yoghurt	3.00	<b>CoffeeLab Cafe</b>	
Bliss Balls	2.00	Hot Chocolate or Coffee Reg.	3.50
		** MUST BE ORDERED BEFORE RECESS	
		# Gluten Free Options	
		V Vegetarian Options	

**Canteen Open** - Monday to Friday. Lunches ready by 1.30pm

**CoffeeLab** - Monday to Friday at Recess

**BERENDALE SCHOOL HOPITALITY BUILDING**



HIGHETT YOUTH CLUB

# ALL ABILITIES

KINDER - YOUNG ADULTS WITH ADDITIONAL NEEDS!

IF YOU OR YOUR CHILD HAS ADDITIONAL NEEDS, WE PROVIDE YOU WITH THE OPPORTUNITY TO USE OUR GYMNASTICS EQUIPMENT AND WORK AT YOUR OWN PACE, ALONGSIDE QUALIFIED COACHES AND GYMNAST VOLUNTEERS.

## BENEFITS

- WORK TOWARDS INDIVIDUALISED GOALS
- QUIET ENVIRONMENT
- SOCIALISATION
- BODY AWARENESS

9532 0457

admin@highettyouthclub.org | highettyouthclub.org

3 Livingston St, Highett VIC 3190 | 11 Nelson St, Moorabbin VIC 3189

# TIMETABLE

**2-5YO**  
CURRENTLY TAKING  
EXPRESSIONS OF INTEREST

**5-9YO**  
SATURDAY: 12:00-12:45PM

**9-18YO**  
SATURDAY: 12:45-1:30PM

**18YO+**  
TUESDAY: 7:00-8:30PM

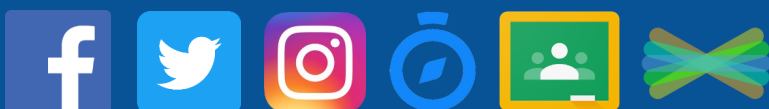




The Berendale School Bulletin was created by students and staff of the Berendale School Community.

Student Editors:

Mikky, Saba, Luka, Noam, Stella, David, Michael, Chan, James, Aleshia, Jennifer and Andreas—11A



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