# REMOTE LEARNING

at Berendale School



## **WEEK 5 UPDATES**

BY VENESSA SIGAMONEY, LEARNING SPECIALIST | DESIGNED BY ANDY DING

We have almost reached the halfway mark for the term! Thank you to all our parents and carers for continuing to support your child in their Remote Learning Space and embracing our learning platforms.

Week 4 has kept us very busy with implementing our learning platforms. This week presents you with 2 new challenges. One to keep your child physically fit and another to keep your child thinking-skills busy. We would also like to congratulate our students for all the tasks and activities that have been completed. Well done!!!

We invite you to follow us on Facebook and see the wonderful achievements of our students: https://www.facebook.com/Berendale

#### PE CHALLENGE!!

#### Your PE challenge for this week will be target throwing.

What do you need for the challenge?

- A small ball. Can be either a tennis ball, soft cricket ball, baseball or something similar (even a vortex). Avoid bigger balls such as basketballs or soccer balls.
- A target. Something that can be thrown at from a distance of at least 5-10 metres away e.g. cricket stumps, a rubbish bin, cone, pole, box, bucket etc.

#### What do you need to do?

- Your task will be to have 10 throwing attempts at your target each day and record how many times you hit the target out of 10 throws. For example:
- Tuesday 7/10, Wednesday 8/10 and so on.

Remember to vary up your distances if you're hitting your target regularly, make it challenging for yourself!

Video evidence is highly encouraged, the more creative you are with your equipment the better!

https://drive.google.com/open?id=1qZgTLmiYFA0zqGexUOx9XyedEYFKzfEV

Good luck and keep safe! By Mark Prokopiwskyi, PE and Health Team Leader

## **BIRTHDAY WISHES**

- Asher S (29th April)
- Michael TP (1st May)
- David P (3rd May)
- Isabelle H (4th May)
- Brody L (7th May)
- Mariah E (9th May)
- Eliyah L (15th May)



## **Hospitality Challenge**

To celebrate the partnership between Stephanie Alexander Kitchen Garden Program and Saputo Dairy Australia they are running a dairy farm competition.

You could win A \$1000 hamper for Berendale School.

Get creative while working remotely by:

- Creating a diorama in an empty Saputo Dairy Australia product or carton
- Your diorama must include a cow, a milking shed, green grass, trees and a dairy farmer
- When you're finished take a photo and send to Diane. Takis@education.vic.gov.au
- Do this by 25th May 2020

I will forward this to the competition organisers. Good luck!

By Di Takis, Hospitality Trainer

# Saputo Dairy Australia Diorama Competition

To celebrate the partnership between Stephanie Kitchen Garden with Partner Saputo Dairy Australia they are running a dairy farm diorama competition!

Enter and you could be in the running to win a hamper of Saputo Dairy Australia products to the value of \$1,000 for Berendale school! This is the perfect activity for children to get their creative juices flowing while learning remotely.

To go in the draw, simply create a diorama in a Great Ocean Road, Devondale, Liddells or Sungold milk branded bottle or carton of an Australian dairy farm. Your farm must include a cow, a milking shed, green grass, trees and a dairy farmer.







#### **BUTTERMILK PANCAKES**



# Ingredients

Serves: 2

- 1 1/4 cups (155g) plain flour
- 1 egg
- 1 1/4 cups (315ml) buttermilk
- 1/4 cup (60g) white sugar
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1/4 cup (65ml) vegetable oil

#### Directions

Preparation:10min > Cook:15min > Ready in:25min

- 1. Preheat a frypan over medium heat. Combine all ingredients together well in a bowl until smooth.
- 2. Pour about 1/4 cup batter for each pancake into the frypan and cook until small bubbles start to form on top, about 2 to 3 minutes. Flip the pancakes over and cook until browned and cooked through, 1 to 2 minutes.
- 3. Serve with maple syrup and fruit or ice cream.